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Martial arts by regional origin

Chun Kuk Do: Chun Kuk Do (CKD) is a Korean-based, American hybrid martial art style. Founded in 1990 by Chuck Norris, CKD evolved from Tang Soo Do and combines

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What kind of techniques will I learn? The core of the Chun Kuk Do tm curriculum, similar to Tang Soo Do or Tae Kwon Do, is the art of striking and kicking.

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Chun Kuk Do (CKD) is a Korean-based, American hybrid martial art style. Founded in 1990 by Chuck Norris, CKD evolved from Tang Soo Do and combines elements from